

Kids Bill of Rights

ALL KIDS SHALL ENJOY THE FOLLOWING INALIENABLE RIGHTS

- 1. The right to be treated as important human beings, with unique feelings, ideas and desires and not as a source of argument between parents.
- 2. The right to a sense of security and belonging derived from a loving and nurturing environment which shelters them from harm.
- 3. The right to a continuing relationship with both parents and the freedom to receive love from and express love for both.
- 4. The right to "listening parents."
- 5. The right to express love and affection for each parent without having to stifle that love because of fear of disapproval by the other parent.
- 6. The right to grow and flourish in an atmosphere free of exploitation, abuse and neglect.
- 7. The right to know that their parents' decision to divorce is not their responsibility and that they will still be able to live with each parent.
- 8. The right to continuing care and guidance from both parents where they can be educated in mind, nourished in spirit, and developed in body, in an environment of unconditional love.
- 9. The right to honest answers to questions.
- 10. The right to know and appreciate what is good in each parent without one parent degrading the other.
- 11. The right to have a relaxed, secure relationship with both parents without being placed in a position to manipulate one parent against the other.
- 12. The right to have one parent not undermine time with the other parent by suggesting tempting alternatives or by threatening to withhold activities with the other parent as a punishment for the children's wrongdoing.
- 13. The right to be able to experience regular and consistent parental contact and the right to know the reason for not having regular contact.
- 14. The right to be a kid and to be insulated from the conflict and problems of parents.
- 15. The right to be taught, according to their development levels, to understand values, to assume responsibility for their actions, and to cope with the just consequences of their choices.
- 16. The right to be able to participate in their own destiny.

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